

Prevention of Substance Abuse among School Students of Secondary / Higher Secondary schools of Sepahijhala district

Monthly Report
AUGUST, 2023



Submitted to
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WORKSHOP ON PREVENTION OF SUBSTANCE ABUSE

After completion of the 2 days training programme, on “Prevention of Substance Abuse among School Students” organized by the Office of District Magistrate and Collector, Sepahijhala District, Tripura in collaboration with the Advancing North East initiative, the trained teachers were guided on various implementation activities to be conducted in their respective schools in order to prevent substance abuse among the school students.



PROGRAMME IMPLEMENTATION BY SCHOOLS IN THE MONTH OF AUGUST, 2023



The selected teachers have already completed their first month of implementation programme in the month of July, 2023, a report of which has also been submitted. Further, the teachers have successfully implemented the activities for the month of August, 2023.

**School Name - South Charilam English Medium
School**

Teacher's Name - Sunanda Gon Choudhury

No. of activities conducted - Three

AWARENESS PROGRAMME ON SUBSTANCE ABUSE

- Parents of the school were called and sensitized on various factors leading to drug abuse.
- The teacher in charge discussed with the parents regarding the scenario of substance abuse in their respective wards
- No. of participants - 50



PRIZE DISTRIBUTION FOR SLOGAN WRITING COMPETITION

- A slogan competition was held for classes VI TO X, in the month of July awards for which were distributed among the participants to encourage them.
- No. of Participants - 45



QUOTE REGARDING SUBSTANCE ABUSE

- A student from class IX read out a quote on substance abuse in the morning assembly
- The teacher in charge helped in explanation of the quote in both english and local language
- No. of participants - 120



School Name - North Brajapur H.S School

Teacher's Name - Sangeeta Biswas

No. of activities conducted - Three

AWARENESS PROGRAMME ON SUBSTANCE ABUSE

- An awareness programme was organized in the morning assembly regarding substance abuse
- Students were also made aware of various prevention measures in order to develop a healthy lifestyle.
- No. of participants - 112



AWARENESS ON HEALTH EFFECTS OF SUBSTANCE ABUSE

- Various health effects of substance abuse was read out by a student and explained by the teacher in charge in the morning assembly
- No. of Participants - 115



QUOTE REGARDING SUBSTANCE ABUSE

- A student from class IX read out a quote on substance abuse in the morning assembly
- The teacher in charge helped in explanation of the quote in both english and local language
- No. of participants - 98



**School Name -Mohanbhog English Medium
High school**

Teacher's Name - Asmita De

No. of activities conducted - Three

BREATHING EXERCISES (COPE UP ACTIVITY)

- Breathing exercises were taught and practiced by both teachers and students on 1st Thursday of August
- No. of participants - 150



EXPLANATION OF SIDE EFFECTS OF DRUG ABUSE

- Teacher in charge explained the various side effects of drug abuse on health of an individual in the morning assembly
- No. of participants - 150



QUOTE REGARDING SUBSTANCE ABUSE

- Quote regarding substance abuse was read out by a student of class VII in the morning assembly
- The teacher in charge helped in explanation of the quote
- No. of participants - 150



**School Name - Sonamura English
Medium HS School
Teacher's Name - Raju Das
No. of activities conducted - Two**

RALLY ON PREVENTION OF SUBSTANCE ABUSE

- The school students participated in a rally on prevention of substance abuse.
- The teacher in charge helped in preparation of the rally throughout
- No. of participants - 150

COUNSELING OF STUDENTS ON IMPACTS OF SUBSTANCE ABUSE

- A session on prevention of substance abuse was taken by the teacher in charge
- Students were made aware of the harmful effects of drug abuse and how miscreants in society can lead them astray
- No. of participants - 52



School Name - Ramchara High School

Teacher's Name - Somen Roy

No. of activities conducted - Two

AWARENESS PROGRAMME ON PREVENTION OF SUBSTANCE ABUSE

- Students were sensitized on how to prevent drug abuse by the teacher in charge.
- No. of participants - 68

OATH TAKING AGAINST SUBSTANCE ABUSE

- Teachers and students took oath towards prevention of substance abuse in the morning assembly
- No. of participants - 68



**School Name - South Jumerdhepa
High School**
Teacher's Name - Bijoy Das
No. of activities conducted - Two

AWARENESS PROGRAMME ON SUBSTANCE ABUSE

- Students were sensitized on various factors leading to drug abuse.
- Awareness was created by teacher in charge on ill effects of substance abuse and its prevention
- No. of participants - 100

OATH TAKING AGAINST SUBSTANCE ABUSE

- Teachers and students took oath towards prevention of substance abuse in morning assembly
- No. of participants - 200



**School Name - Purba Gakulnagar
H/S School
Teacher's Name - Sarbani Saha
No. of activities conducted - Two**



AWARENESS PROGRAMME ON SUBSTANCE ABUSE

- Students were sensitized on various factors leading to drug abuse.
- Awareness was created by teacher in charge on health effects of substance abuse and its prevention
- No. of participants - 20



OATH TAKING AGAINST SUBSTANCE ABUSE

- Teachers and students took oath towards prevention of substance abuse in morning assembly
- Teacher in charge helped in explanation of the oath in local language
- No. of participants - 165



School Name - Durlavnarayan H.S
School

Teacher's Name - Paritosh Nath
Bhowmik

No. of activities conducted - One

SHORT DRAMA ON SUBSTANCE ABUSE, ITS SIDE EFFECTS AND PREVENTION

- Students presented a short drama on drug abuse, its side effects and prevention
- The teacher in charge helped in preparation of the drama throughout
- The drama also described the role of peer pressure in substance abuse
- No. of participants - 07



School Name - Laxmandhepa H.S
School

Teacher's Name - Arun Krishna
Bhattacharjee

No. of activities conducted - One

SHORT DRAMA ON SUBSTANCE ABUSE, ITS SIDE EFFECTS AND PREVENTION

- Students presented a short drama on drug abuse and its side effects
- The teacher in charge helped in preparation of the drama throughout
- The drama also described the role of peer pressure in substance abuse
- No. of participants - 106



School Name - Jatrapur High School
Teacher's Name - Ashim Laskar
No. of activities conducted - One



SHORT DRAMA ON SUBSTANCE ABUSE, ITS SIDE EFFECTS AND PREVENTION

- Students presented a short drama on drug abuse and its side effects
- The teacher in charge helped in preparation of the drama throughout
- The drama also described the role of peer pressure in substance abuse
- No. of participants - 05

School Name - Rangamatia South HS School
Teacher's Name - Sankar Bhattacharjee
No. of activities conducted - One



OATH TAKING AGAINST SUBSTANCE ABUSE

- Teachers and students took oath towards prevention of substance abuse in morning assembly
- Teacher in charge helped in explanation of the oath in local language
- No. of participants - 62

School Name - Kalamchowra HS school
Teacher's Name - Arindam Sarkar
No. of activities conducted - One



AWARENESS SESSION ON HARMFUL EFFECTS OF DRUG ABUSE

- The teacher in charge conducted a session on harmful effects of drug abuse
- The students were made aware of substance abuse, its impact on their lives and various prevention mechanisms
- No. of participants - 40