



ADVANCING
NORTHEAST

PREVENTION OF SUBSTANCE ABUSE
AMONG STUDENTS OF SECONDARY /
HIGHER SECONDARY SCHOOLS OF
SEPAHIJHALA DISTRICT

MONTHLY REPORT

JULY, 2023



**Submitted to
Dr Vishal Kumar, IAS
District Magistrate & Collector,
Office of District Magistrate & Collector, Sepahijala District,
Bishramganj, Tripura**

Introduction

Substance abuse is a major problem among the youth of the nation, especially among the teenagers . In order to prevent substance abuse among school students a major step was taken by the Government of Tripura in collaboration with Advancing North East initiative of the North Eastern Council and the North Eastern Development Finance Corporation Ltd. A 2 days training programme on Prevention of Substance Abuse among School Students was organized at the Office of District Magistrate and Collector, Sepahijhala District, Tripura on 12th and 13th July, 2023 wherein 30 teachers from various secondary and higher secondary schools of the district were provided capacity building support towards prevention of substance abuse among the school students.



Objective of the training programme :

- Creating Awareness among the teachers in charge regarding various substances common among the school students
- Imparting teachers with knowledge on understanding adolescence, its transitions and what can lead to substance abuse among this age group .
- Capacity Building of teachers towards prevention of substance abuse among the school students.

After completion of the 2 days training programme, the teachers were guided on various implementation activities to be conducted in their respective schools in order to prevent substance abuse among the school students. In this regard, the selected teachers have successfully implemented the activities for the month of July, 2023.



Programme Implementation by schools in the month of July, 2023

School Name - South Charilam English Medium School

Teacher's Name - Sunanda Gon Choudhury

No. of activities conducted - Three



QUOTE REGARDING SUBSTANCE ABUSE

- A student read out quote on prevention of substance abuse in the morning assembly
- The teacher in charge assisted in explanation of the quote
- No. of participants - 120



OATH TAKING AGAINST SUBSTANCE ABUSE

- Teachers and students took oath towards prevention of substance abuse
- No. of participants - 130



SCHOOL SLOGAN CONTEST

- A slogan competition on prevention of substance abuse was organized for the school students from class VII to X
- No. of participants - 35



Programme Implementation by schools in the month of July, 2023

School Name - Mohanbhog English Medium High School

Teacher's Name - Asmita De

No. of activities conducted - Three



QUOTE REGARDING SUBSTANCE ABUSE

- A student read out quote on prevention of substance abuse in the morning assembly
- The teacher in charge assisted in explanation of the quote
- No. of participants - 40



OATH TAKING AGAINST SUBSTANCE ABUSE

- Teachers and students took oath towards prevention of substance abuse in the morning assembly
- No. of participants - 40



CREATING AWARENESS ABOUT RISK FACTORS

- A student read out the various risk factors of substance abuse in the morning assembly
- The teacher in charge helped in explaining the risk factors
- No. of participants - 40



Programme Implementation by schools in the month of July, 2023

School Name - Jampui GT Para High School

Teacher's Name - Jusef Debbarma

No. of activities conducted - Three



COUNSELING OF STUDENTS ON IMPACTS OF SUBSTANCE ABUSE

- A counseling session was taken by the teacher in charge on various impacts of substance abuse
- No. of participants - 2



SHARING ABOUT HEALTH EFFECTS OF SUBSTANCE ABUSE

- A student shared about the health effects of substance abuse in the morning assembly
- The teacher in charge assisted in explanation of the health effects
- No. of participants - 50



QUOTE REGARDING SUBSTANCE ABUSE

- A student read out quote on prevention of substance abuse in the morning assembly
- The teacher in charge assisted in explanation of the quote
- No. of participants - 60



Programme Implementation by schools in the month of July, 2023

School Name - Rangmala High school

Teacher's Name - Prithiraj Debbarma

No. of activities conducted - Two



MEETING CUM COUNSELING WITH GUARDIANS

- Meeting cum counseling with guardian of the students was held at Rangmala High school regarding the program on prevention for Substances abuse
- No. of participants - 142



COUNSELING PROGRAM ON SUBSTANCES ABUSE

- A counseling program with the students was held regarding Substances Abuse where the students were taught about various effects of substance abuse.
- No. of participants - 99



Programme Implementation by schools in the month of July, 2023

School Name - North Brajapur H. S School

Teacher's Name - Sangeeta Biswas

No. of activities conducted - Two



QUOTE REGARDING SUBSTANCE ABUSE

- A student read out quote on prevention of substance abuse in the morning assembly
- The teacher in charge assisted in explanation of the quote
- No. of participants - 195



EXPLAINING HEALTH EFFECTS AND COPING MECHANISM AGAINST SUBSTANCE ABUSE

- A student explained the health effects and coping mechanism against substance abuse in the morning assembly
- No. of participants - 210



Programme Implementation by schools in the month of July, 2023

School Name - South Jumerdhepa High School

Teacher's Name - Bijoy Das

No. of activities conducted - Two



QUOTE REGARDING SUBSTANCE ABUSE

- A student read out quote on prevention of substance abuse in the morning assembly
- The teacher in charge assisted in explanation of the quote
- No. of participants - 90



CREATING AWARENESS ABOUT HEALTH EFFECTS OF SUBSTANCE ABUSE

- The teacher in charge helped in explanation of various health effects of substance abuse
- No. of participants - 40



Programme Implementation by schools in the month of July, 2023

School Name - Ujan Ghaniamara HS school

Teacher's Name - Bapi Debbarma

No. of activities conducted - Two



QUOTE REGARDING SUBSTANCE ABUSE

- A student read out quote on prevention of substance abuse in the morning assembly
- The teacher in charge assisted in explanation of the quote
- No. of participants - 48



OATH TAKING AGAINST SUBSTANCE ABUSE

- Teachers and students took oath towards prevention of substance abuse in the morning assembly
- No. of participants - 48



Programme Implementation by schools in the month of July, 2023

School Name - Rangamatia south H.S School

Teacher's Name - Sankar Bhattacharjee

No. of activities conducted - Two



QUOTE REGARDING SUBSTANCE ABUSE

- A student read out quote on prevention of substance abuse in the morning assembly
- The teacher in charge assisted in explanation of the quote
- No. of participants - 54



POSTER MAKING COMPETITION

- A poster making competition was organized on the occasion of International Drug Abuse Day
- No. of participants - 15



Programme Implementation by schools in the month of July, 2023

School Name - Takarjala North High school

Teacher's Name - Rajib Debbarma

No. of activities conducted - Two



COUNSELING OF STUDENTS ON IMPACTS OF SUBSTANCE ABUSE

- A counseling session was taken by the teacher in charge on various impacts of substance abuse
- No. of participants - 7



QUOTE REGARDING SUBSTANCE ABUSE

- A student read out quote on prevention of substance abuse in the morning assembly
- The teacher in charge assisted in explanation of the quote
- No. of participants - 50



Programme Implementation by schools in the month of July, 2023

School Name - Purba Gakulnagar HS School

Teacher's Name - Sarbani Saha

No. of activities conducted - Two



QUOTE REGARDING SUBSTANCE ABUSE

- A student read out quote on prevention of substance abuse in the morning assembly
- The teacher in charge assisted in explanation of the quote
- No. of participants - 198



OATH TAKING AGAINST SUBSTANCE ABUSE

- Teachers and students took oath towards prevention of substance abuse in the morning assembly
- No. of participants - 198



Programme Implementation by schools in the month of July, 2023

School Name - Laxmandhepa HS School

Teacher's Name - Arunkrishna Bhattacharjee

No. of activities conducted - Two



QUOTE REGARDING SUBSTANCE ABUSE

- A student read out quote on prevention of substance abuse in the morning assembly
- The teacher in charge assisted in explanation of the quote
- No. of participants - 182



SLOGAN CONTEST

- A slogan contest was organized among the students of school on substance abuse and its health effects
- No. of participants - 182



Programme Implementation by schools in the month of July, 2023

School Name - R.N.T.P High School

Teacher's Name - Shyamal Paul

No. of activities conducted - Two



QUOTE REGARDING SUBSTANCE ABUSE

- A student read out quote on prevention of substance abuse in the morning assembly
- The teacher in charge assisted in explanation of the quote
- No. of participants - 60



SESSION ON PREVENTION OF SUBSTANCE ABUSE

- A session on prevention of substance abuse was taken by the teacher in charge where he explained about the various health effects of substance abuse.
- No. of participants - 40



Programme Implementation by schools in the month of July, 2023

School Name - Sonamura English Medium HS School

Teacher's Name - Raju Das

No. of activities conducted - One



OATH TAKING AGAINST DRUG ABUSE

- Students took oath against substance abuse in the morning assembly
- The teacher in charge assisted in explanation of the oath
- The teacher in charge also provided information about various risk factors of substance abuse in the morning assembly
- No. of participants - 71



Programme Implementation by schools in the month of July, 2023

School Name - Durlavnarayan H.S School

Teacher's Name - Paritosh Nath Bhowmik

No. of activities conducted - One



QUOTE REGARDING SUBSTANCE ABUSE

- A student read out quote on prevention of substance abuse in the morning assembly
- The teacher in charge assisted in explanation of the quote and translation in local language
- No. of participants - 274



Programme Implementation by schools in the month of July, 2023

School Name - Jatrapur High School

Teacher's Name - Ashim Laskar

No. of activities conducted - One



QUOTE REGARDING SUBSTANCE ABUSE

- A student read out quote on prevention of substance abuse in the morning assembly
- The teacher in charge assisted in explanation of the quote and translation in local language
- No. of participants - 56



Programme Implementation by schools in the month of July, 2023

School Name - Madam Kamalnagar HS School

Teacher's Name - Subal Debnath

No. of activities conducted - One



QUOTE REGARDING SUBSTANCE ABUSE

- A student read out quote on prevention of substance abuse in the morning assembly
- The teacher in charge assisted in explanation of the quote and translation in local language
- No. of participants - 75



Programme Implementation by schools in the month of July, 2023

School Name - Ramchhara High School

Teacher's Name - Somen Roy

No. of activities conducted - One



OATH TAKING AGAINST SUBSTANCE ABUSE

- Students took oath against substance abuse in the morning assembly
- The teacher in charge assisted in the activity and helped in explanation in local language
- No. of participants - 60



Programme Implementation by schools in the month of July, 2023

School Name - Sonamura Girls School

Teacher's Name - Abdulla Al mamun

No. of activities conducted - One



OATH TAKING AGAINST SUBSTANCE ABUSE

- Students took oath against substance abuse in the morning assembly
- The teacher in charge assisted in the activity and helped in explanation in local language
- No. of participants - 300



Programme Implementation by schools in the month of July, 2023

School Name - Khaschowmuhani H.S.School

Teacher's Name - Biswagopal Das

No. of activities conducted - One



CREATING AWARENESS ON ADOLESCENCE AND EFFECTS OF DRUGS

- An awareness programme on substance abuse was organized for the students of the school
- Students were trained on various stages of adolescence and effects of drug abuse
- No. of participants - 154